

Bliss Spices Essence Indian Kitchen

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Summary:

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Bliss of Spices: The Essence of Indian Kitchen: Vikas ... This item: Bliss of Spices: The Essence of Indian Kitchen by Vikas Khanna Hardcover \$24.95 Only 2 left in stock (more on the way). Ships from and sold by Amazon.com. Amazon.com: Customer reviews: Bliss of Spices: The Essence ... The book intro to "Bliss of Spices" opens with a simple, yet powerful statement: "He who controls the spice, controls the universe." In Chef Khanna's latest literary/culinary treasure, he not only re-educates us on how spices shaped history, but he also reminds us how the science of Ayurveda is about spices and their healing properties. Bliss of Spices: The Essence of Indian Kitchen by Vikas Khanna Bliss of Spices has 6 ratings and 0 reviews. Vikas Khanna opened his own catering company at the age of seventeen and never looked back. He has worked hi.

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